

## WHAT TO BRING

Sunscreen
T-shirts, shorts, sandals/flip-flops,
Warmer clothes (sweatshirt) for evenings
Bible, notebook/journal, pen
Sleeping Bag, Pillow, sleeping pad or
compact air mattress
Sunscreen
Sunglases, flashlight, cards,
board games, etc.
Toiletires, Soap & Shampoo
(biodegradable, if possible)
Modest swimsuit
Sunscreen, lip balm, insect repellant
Beach towel, water floaties, sunscreen

## WHAT NOT TO BRING

Cash or card for two fast food stops on the road

Valuables (We cannot take responsibility for lost, stolen, or submerged iPhones, GoPros, etc.)

Nice clothes or shoes that you wouldn't want to get dirty Playlists that makes God sad

Heavy suitcases or hard-sided luggage

Water balloons and launchers, paintball or airsoft guns
(Water balloons are strictly outlawed & fined by the sheriff at Lake Shasta!)

----Any of the following may get you sent home at your parents' extreme inconvenience!----

Weapons of any kind
Foul rude language, Aggression toward others
Alcohol, drugs, marajuana, edibles, cigarettes, vape pens, etc.